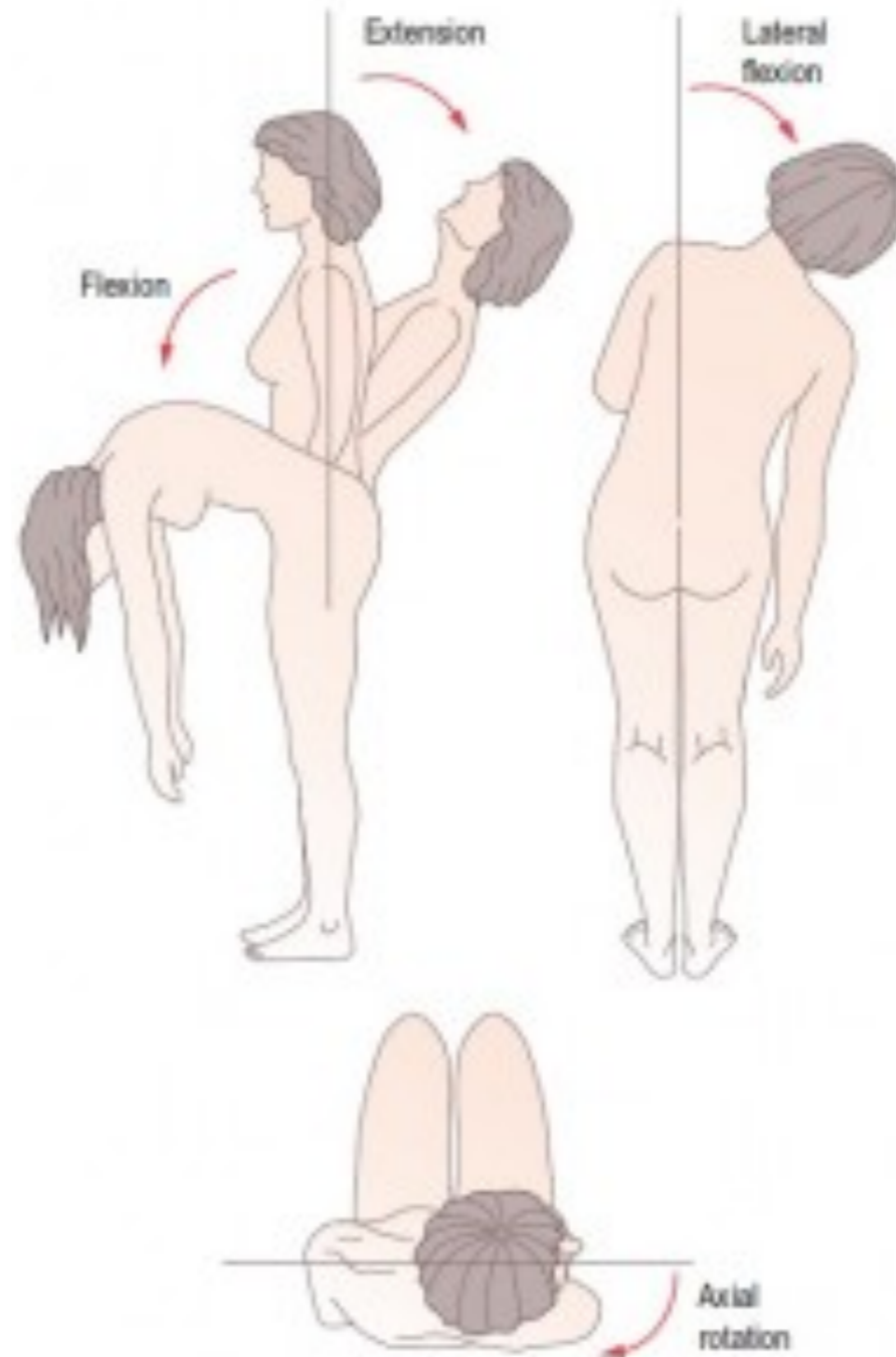


Skeletal Movements

Spine:

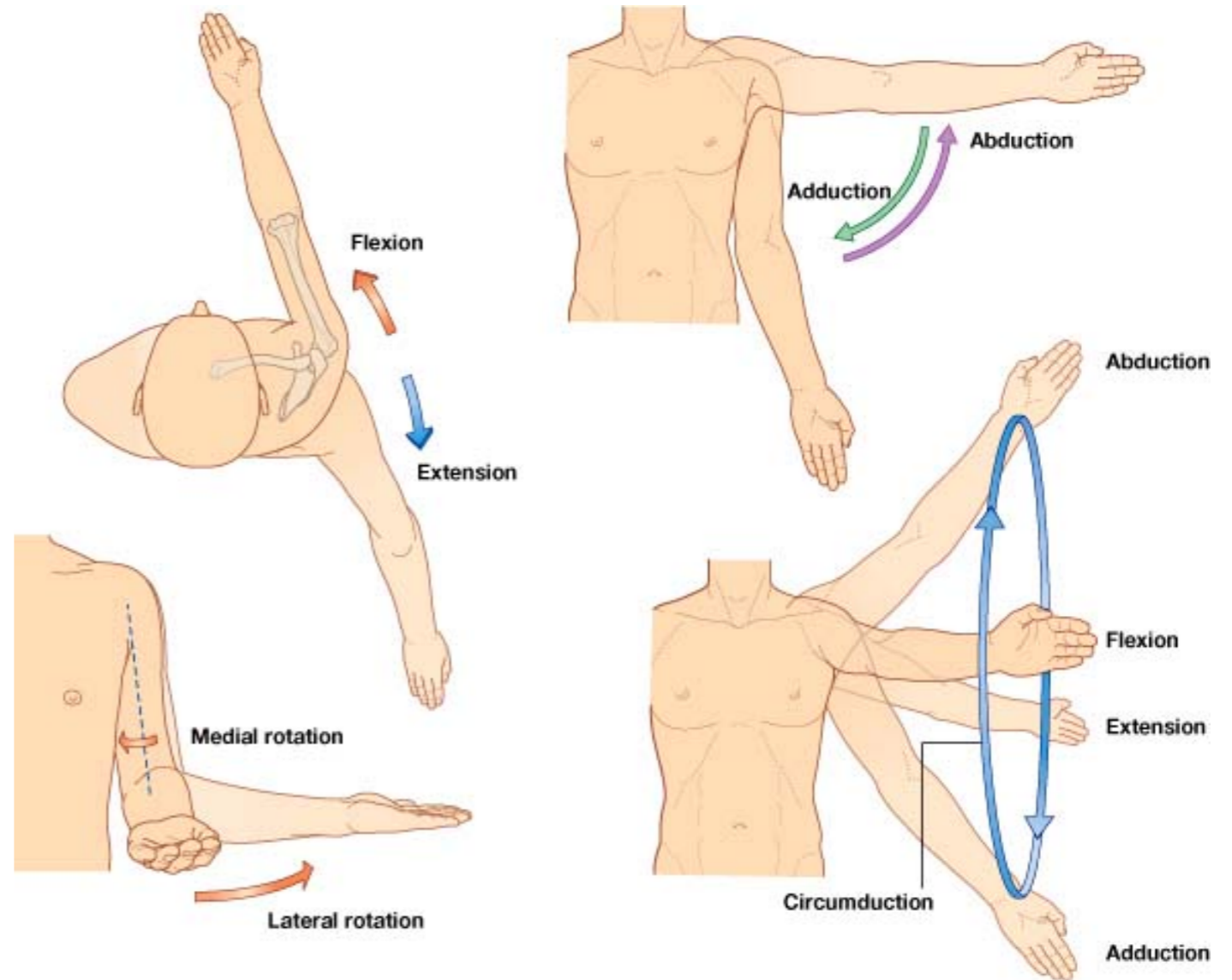
- Flexion
- Extension / Hyperextension
- Lateral flexion
- Reduction (return to anatomical position from lateral flexion)
- Rotation



Skeletal Movements

Shoulder:

- Flexion
- Extension / Hyperextension
- Rotation
- Adduction / Abduction
- Circumduction
- Horizontal Abduction / Adduction

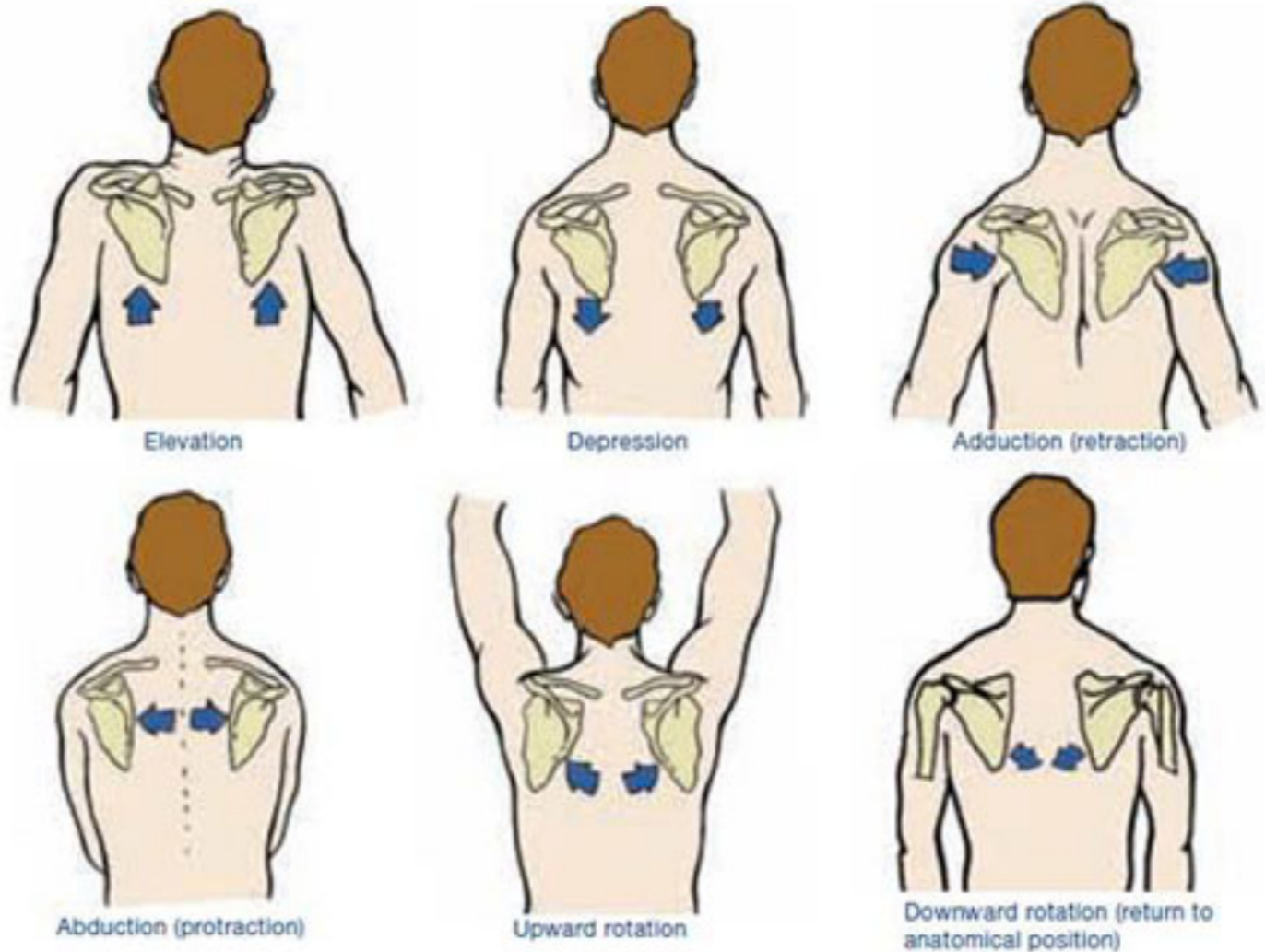


Skeletal Movements

Scapula:

- Elevation
- Depression
- Retraction
- Protraction
- Rotation

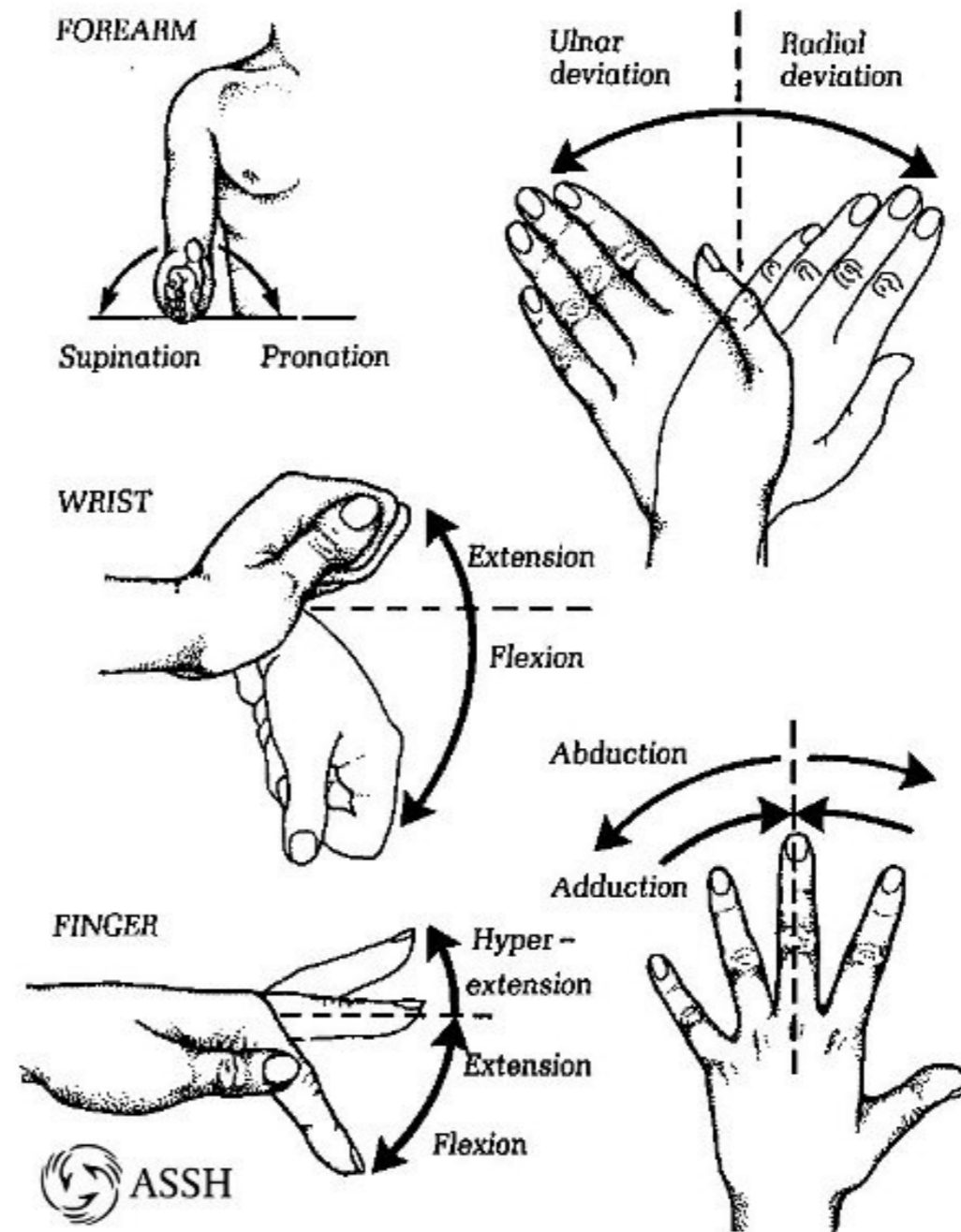
Figure 3-34
Scapular
movements



Skeletal Movements

Hand / Fingers:

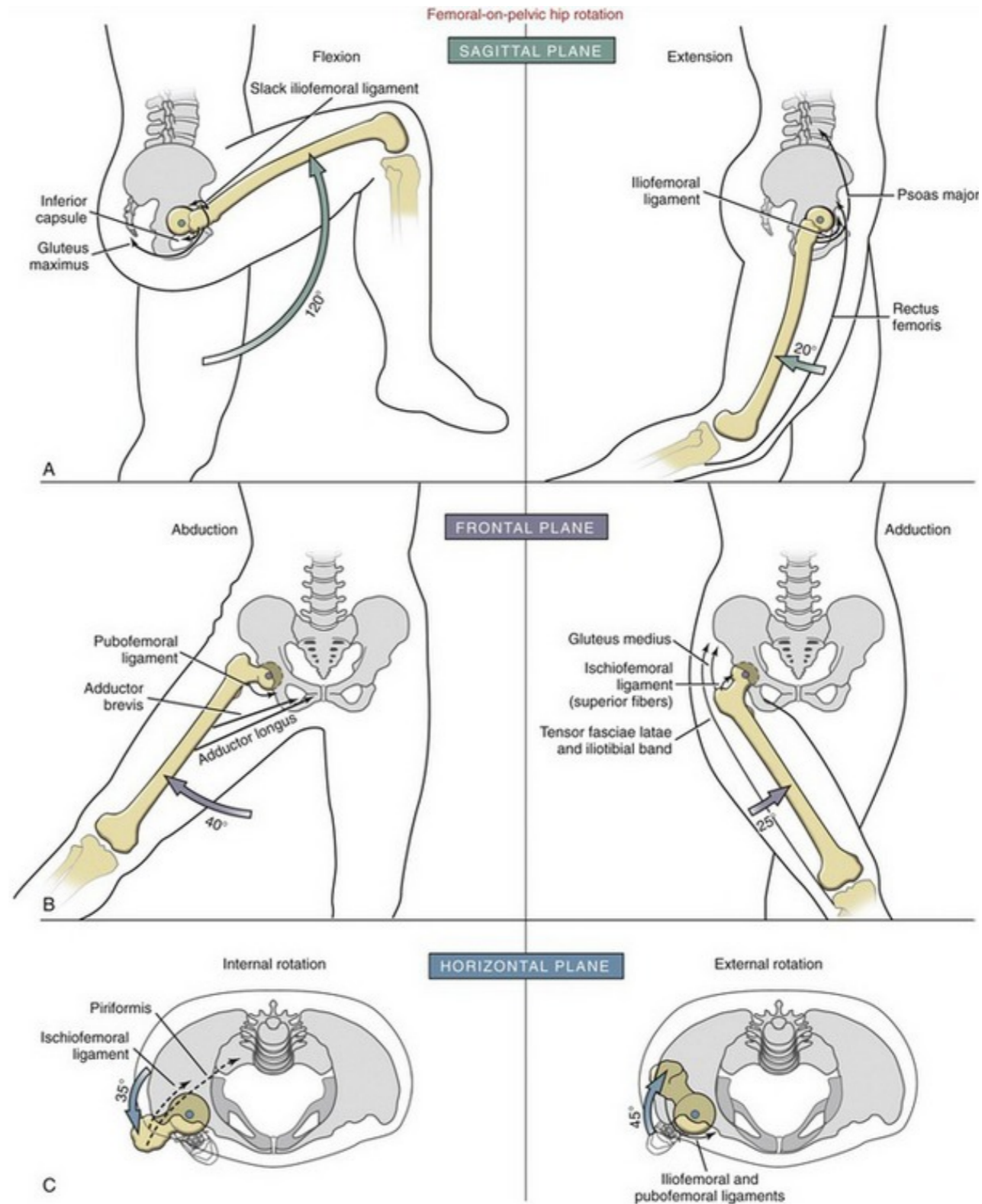
- Flexion
- Extension / Hyperextension
- Deviation
- Supination / Pronation
- Adduction / Abduction
- Circumduction



Skeletal Movements

Hip:

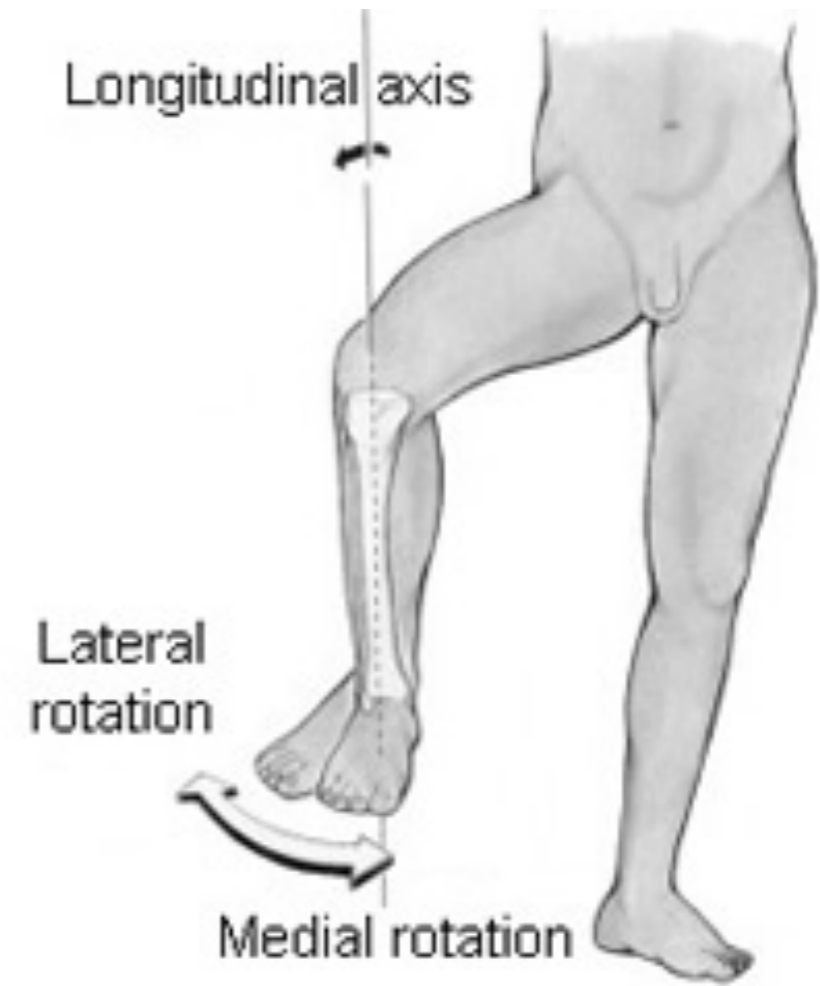
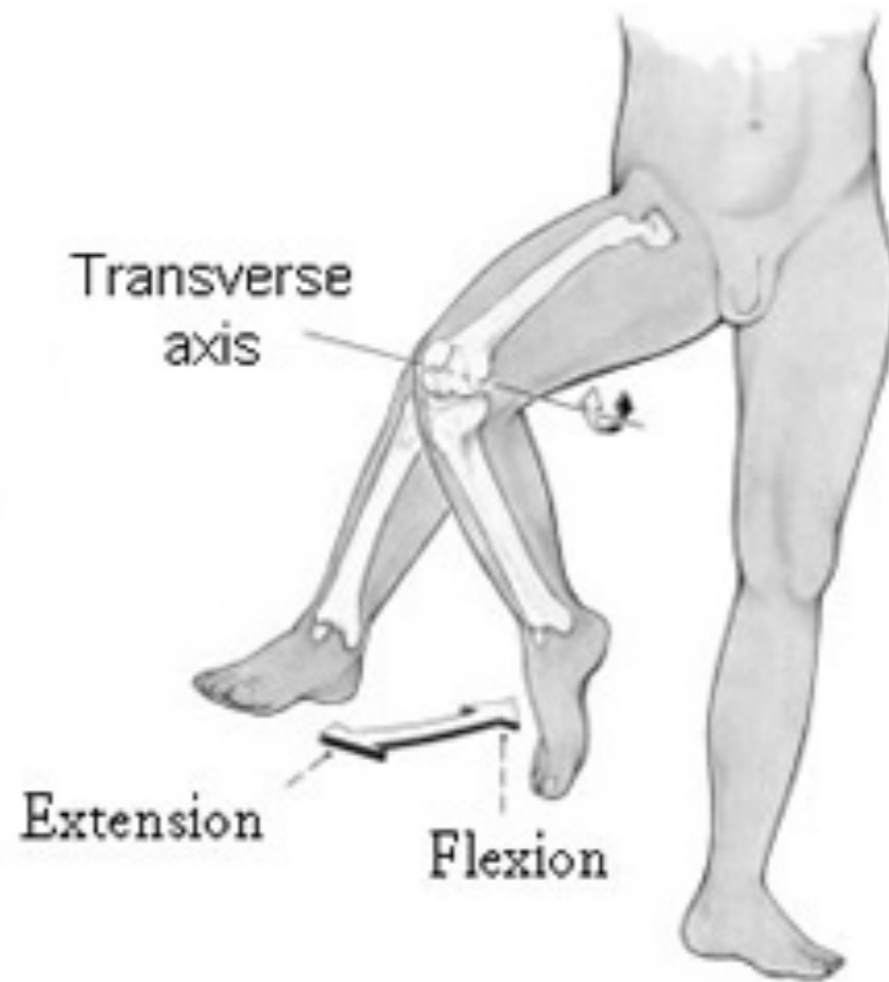
- Flexion
- Extension / Hyperextension
- Adduction/ Abduction
- Rotation
- Circumduction
- Horizontal Abduction/ Adduction



Skeletal Movements

Knee:

- Flexion
- Extension
- Rotation



Skeletal Movements

Ankle:

- Plantarflexion
- Dorsiflexion
- Inversion
- Eversion
- Adduction/
Abduction
- Circumduction

